

Course Length: 1 Day

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Nervousness

Course Description		
Description:	This program can benefit anyone who presents; a trainer, a meeting facilitator, speaker, or seminar discussion leader. No matter which role you are assuming, this workshop will help you become more efficient and proficient with the skills of providing information to others.	
Course Content		
Lesson 1 – Getting Started	 Icebreaker Housekeeping Items The Parking Lot Workshop Objectives 	
Lesson 2 – Creating the Program	 Performing a Needs Analysis Writing the Basic Outline Researching, Writing, and Editing 	
Lesson 3 – Choosing Your Delivery Methods	Basic MethodsAdvanced MethodsBasic Criteria to Consider	
Lesson 4 – Verbal Communication Skills	 Listening and Hearing: They Aren't the Same Thing Asking Questions Communicating with Power 	
Lesson 5 - Non-Verbal Communication Skills	Body LanguageIt's Not What You Say, It's How You SayIt	
Lesson 6 - Overcoming	Preparing Mentally	

Physical Relaxation Techniques

Lesson 7 - Creating Fantastic Flip Charts	Required ToolsThe Advantages of Pre-WritingUsing Colors AppropriatelyCreating a Plan B
Lesson 8 - Creating Compelling PowerPoint Presentations	Required ToolsTips and TricksCreating a Plan B
Lesson 9 - Wow 'Em with the Whiteboard	 Traditional and Electronic Whiteboards Required Tools Using Colors Appropriately Creating a Plan B
Lesson 10 - Vibrant Videos and Amazing Audio	Required ToolsTips and TricksCreating a Plan B
Lesson 11 - Pumping it Up a Notch	Make Them Laugh a LittleEncouraging DiscussionDealing with Questions
Lesson 12 - Wrapping Up	 Words from the Wise Review of Parking Lot Lessons Learned Completion of Action Plans and Evaluations